

# 50-MILER • 2020

## General Information

- Depart: Church Parking Lot on Friday, March 13, 2019 no later than 4:00 p.m.  
Class A Uniform
- Return: Wednesday, March 18 approximately 3:00 - 4:00 p.m.
- Where: Ouachita National Forest, Eastern Oklahoma (about a 5 hour drive)      GPS coordinates  
Cedar Lake Recreation Area      (Ranger) 918-567-2326      N 34°46.574' W094°41.918'
- Contacts: Bruce Nelson      (cell)      (50-Miler cell) TBD  
Jeff Clemmons      (cell)
- Cost: \$135 per person      (checks payable to Troop 890 or online on Troop website)
- Hikes: Friday      hike into camp (N 34°44.347' W094°42.627')  
Saturday      Winding Stair to/from Pashube Creek Trailhead  
Sunday      Winding Stair to Base Camp  
Monday      Horse Thief Springs to/from Deadmans's Gap  
Tuesday      Deadman's Gap to/from Old Military Road Rest Area  
(alt) Wednesday morning      short hike around Cedar Lake

Equipment: ***Be Prepared for Heat or Freezing Cold, Rain or Snow!***

You can and should bring a footlocker/Contico with extra clothes and gear.

- Containers for 4-6 liters of water (a 32 oz. Nalgene = 1 liter)
- 2 - 4 Pairs of Wools Socks (Liners optional)
- Toiletries & Towel
- Broken In Pair of Hiking Boots
- 50 feet of para-cord or nylon rope
- Foot Care Kit
- Compass
- Camp Chair
- 20 Degree Sleeping Bag or fleece/blanket or second bag
- 20 Degree Coat
- Gloves (for cold)
- Camp Shoes (no open toed shoes)
- Rain Gear (Frogg Toggs DriDucks UltraLite II Rain Gear at <https://www.froggtoggsraingear.com/DriDucks.shtml>)
- Pack cover
- Sun Hat and Cold Hat
- Newspaper (if you have it)

Normal Camping Gear in Backpack

- Personal First Aid Kit
- Eating Utensils & Mess Kit
- Personal Medicines
- Pocketknife
- Flashlight

***Avoid cotton clothing – it never dries!***

- Misc: Travel in Class A; hike in Class C  
Campsite has showers nearby. Everyone needs to shower daily!  
Scouts can use electronics in car to/from campsite — but not once we're there.  
Bring money for dinner on Friday & lunch on Wednesday.  
There is limited to no cell service. Verizon works best. AT&T is probably text-only in camp.